**Issuing Department:** Human Subjects Protection Program (HSPP)

**Policy Number:** 2011-009.12

Policy Title: Institutional Review Board (IRB) - Criteria for Approval

## **Purpose**

The purpose of this policy is to set forth the criteria that the IRB must ensure are satisfied prior to granting IRB approval to an investigator to conduct a non-exempt research protocol, and, if applicable by regulation to set forth criteria that must be met when limited IRB review is utilized for exempt research.

# **Definitions**

See policy 2011-007.0 for definition of IRB Approval

# **Policy**

Regardless of funding source, in order for the IRB to grant approval to a non-exempt research study the IRB must find that the following criteria are met at the time of initial approval and sustained through continuing review as it is required and requests for modifications/addendums.

- Risks to subjects are minimized: (i) by using procedures which are consistent with sound research design and which do not unnecessarily expose subjects to risk, and (ii) whenever appropriate, by using procedures already being performed on the subjects for diagnostic or treatment purposes.
- Risks to subjects are reasonable in relation to anticipated benefits, if any, to subjects, and the importance of the knowledge that may reasonably be expected to result. In evaluating risks and benefits, the IRB should consider only those risks and benefits that may result from the research (as distinguished from risks and benefits of therapies subjects would receive even if not participating in the research). The IRB should not consider possible long-range effects of applying knowledge gained in the research (for example, the possible effects of the research on public policy) as among those research risks that fall within the purview of its responsibility.
- Selection of subjects is equitable. In making this assessment the IRB should take into account the purposes of the research and the setting in which the research will be conducted. The IRB should be particularly cognizant of the special problems of research that involves a category of subjects who are vulnerable to coercion or undue influence, such as children, prisoners, individuals with impaired decision-making capacity, or economically or educationally disadvantaged persons and subjects afforded additional protections such as pregnant women.
- Informed consent will be sought from each prospective subject or the subject's legally authorized representative, or appropriately waived or altered, in accordance with, and to the extent required by applicable regulations or by policy when the research is not otherwise subject to regulation.
- Informed consent will be appropriately documented, or documentation appropriately waived, in accordance with, and to the extent required by applicable regulations or by policy when the research is not otherwise subject to regulation.
- When appropriate, the research plan makes adequate provision for monitoring the data collected to ensure the safety of subjects.

- O At its discretion, the IRB may require that a monitoring plan be in place for minimal risk studies and studies presenting a slight increase over minimal risk.
- At its discretion, the IRB may require that a data safety monitoring board (DSMB) or independent monitor be in place for studies above minimal risk. The DSMB or independent monitor may be internal or constituted by the sponsor. In determining whether an internal board or independent monitor is required the IRB will take into consideration such things as the length of the study, the number of subjects to be enrolled in the study, overall subject exposure and other mechanisms for monitoring already in place, e.g., adverse event reporting requirements, access to information from safety divisions etc.
- o Issues that should be addressed within the area of data safety monitoring include the frequency of the monitoring, who will conduct the monitoring, what data will be monitored, how the data will be interpreted and analyzed, what actions will be taken upon the occurrence of specific events or end points, and how communication from the DSMB to the IRB will occur.
- When appropriate, there are adequate provisions to protect the privacy of subjects and to maintain the confidentiality of data.
  - Privacy refers to the individual. Therefore the PI must ensure that as applicable the
    consent process and study activities are conducted in a setting that affords sufficient
    privacy to the subject. Confidentiality refers to the data related to the subject.
    Confidentiality encompasses the secure storage of electronic and paper files and
    biological samples.
- When some or all of the subjects are likely to be vulnerable to coercion or undue influence, such as children, prisoners, individuals with impaired decision-making capacity, economically or educationally disadvantaged persons, or students, or have special protections afforded to them, such as pregnant women and neonates, additional safeguards have been included in the study to protect the rights and welfare of these subjects.

For certain exemptions, as per regulation, the IRB will conduct a limited IRB review. The IRB shall make the determinations required by the applicable exemption category such as ensuring that there are adequate provisions in place to protect the privacy of subjects and to maintain the confidentiality of data. UConn Health will not utilize federal exemption categories regarding broad consent.

### **Procedure**

The Principal Investigator (PI) must complete the IRB application, inclusive of supporting documents such as the appendices, consent form, data safety monitoring plan, etc., and in so doing address the regulatory criteria for approval.

The standard screening and review procedures used for exempt, expedited and convened board review apply.

Designated IRB staff will prepare the appropriate letter to communicate the determinations of the IRB to the investigator.

The Research Compliance Monitor verifies in audit that the regulatory criteria for approval continue to be satisfied, e.g., that the plans to protect privacy and confidentiality, as submitted to the IRB, are in fact being followed.

### **Related Policies**

2009-005.0 – Monitoring of IRB Approved Studies

2011-006.0 - Vulnerable Populations - General

2011-007.0 – Definitions Applied to Policies

2011-008.0 - Informed Consent - Forms

2011-008.1 - Informed Consent - Process

2011-008.2 – Informed Consent – Waivers and Alterations

2011-008.5 - Informed Consent - Providing and Obtaining Informed Consent

2011-009.3 – Institutional Review Board – Expedited Reviews

2011-009.5 - Institutional Review Board - Review by Convened Board

2011-009.7 - Institutional Review Board - Assignment of Status Codes

#### **Basis**

45 CFR 46.111

21 CFR 56.111

# **Document Attributes**

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# Reviewed and Approved By:

*Richard H. Simon* 6/8/2023

**Date** 

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